

Crystal Energy, Far from Crystal-Clear



探索未知能量

There are people who swear that crystals “work” and heal, clearing negative energy and reinforcing qi. But scientists can’t locate that healing energy. Feng shui master Boon Yap says the power may come from the healers themselves



Master Boon MSc. MBA, The Building Whisperer, is a Feng Shui Master of note.

Master Boon grew up steeped in the ancient wisdom of Chinese Philosophy, where the traditions and practices of Feng Shui, Taoism, Confucianism, Buddhism and Wushu were part of everyday life. In this environment Feng Shui became part of her, because she saw the benefits it brought.

Her early calling was to science, becoming a leading

researcher in blood plasma science and subsequently a corporate leader introducing life-saving technologies from the West to Asia and ANZ. Now she is fulfilling her vision to enrich people's lives by spreading Chinese wisdom reinterpreted for our modern times.

Feng Shui for Enriching Lives.

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宝石的神秘感源于它们晶莹剔透而又千变万化的形状。水晶是一种高纯度的石英矿石，分子结构以高密度紧凑的排列着，它所需的形成条件极为苛刻，地质年龄动辄以百万年为基数计算。这种结构使水晶能够长期、稳定地吸收来自天地间的能量，从而拥有超凡脱俗，魅力四射的魔力，吸引着许多人相信它蕴藏着治愈疾病和超越自然的能力。

常规科学目前还不能界定那些治疗师们所运用的神秘水晶力量是否真实存在，然而已经证实了某些水晶的确在电场力的作用下高频振动，产生了“压电效应”。(PIEZO在希腊语中有“挤压”的意思)。大多数常见的压电晶体都是石英，即我们所熟悉的水晶。这项发现已广泛用于手表、收音机和接收器中。不过这种现象只有在一些特定的晶体在遇到某种特殊的环境时才会产生，例如，当电气石受力时，由于形变而导致正负电荷中心不再重合，其表面的两端就会产生压电效应。绝大部分的水晶携带者是不可能感受到这种“压电效应”的。

那这样是否就意味着水晶的神秘治愈能量仅仅是自我安慰呢？难道只是我们一相情愿的幻想着它们的神秘力量？超越自然的治愈功效也只是简单的心理作用？事实上，自古以来，一些医师和宗教大师都用水晶来治疗病人和冥想。并且这种方法并没有被历史的洪流所淹没，单从这点上来看，水晶的能量说肯定有其真实的内在价值。那就是为什么即使是那些受过高等教育的社会名流们也把佩带水晶当作是保健和精神上的寄托，并利用它们的灵性来加强自己的能力，实现自己的目标。

在探讨水晶的疗效时，水晶能量的依赖者们交流了水晶帮助他们消除各种负面力量的影响，从而使全身感到精力充沛的经历，证实了其具有安神，释放身心的作用。而治疗师们也同样表示，通过临床实验发现水晶具有补气补血的生命能量，它能够吸收和驱除负面能量所带来的危害，让病人容光焕发。目前这两个医疗功效已被大家所认可和接受。

因此，我在做传统的风水观像时就需要借助水晶的神秘能量，并与之融合。再者，水晶是天地孕育的自然产物，它们的自然特性和纯净度又是所有地质矿物中最出色的，这使我感应气场变化时的感觉更为强烈，从而更鲜明准确地设定风水布局中的方位和朝向。

各类成分不同、颜色各异的矿物都为水晶的形成输送能量。例如：传感水晶（又称梅林水晶），它有着六个形状相同，大小相似的切面，顶部光滑的表面向中心一点靠拢，散发着异常强大的灵气。紫水晶则处处散发着紫色所独有的神秘感，其不凡之处被誉为“静之石”，象征着平静与均衡。

然而，我仍然相信单靠水晶石本身很难完全发挥其灵性，只有同时配合主人的意志，才会挖掘出水晶潜在的神奇力量。

不管你是否完全相信水晶能够带给你能量，但是当你欣赏这些矿物王国中的奇葩时，却很难不为大自然的完美杰作而感叹不已。

The “mystical” qualities of stones refer to their crystalline forms. Crystals are minerals that form extremely slowly, and thus hold the energy of the eons in their highly structured arrangement of atoms and molecules. That is why, beyond crystals’ ethereal beauty and glamour, they are believed by many people to hold powers of healing and spiritual ascension.

Conventional science has not been able to directly identify the healing energy that crystal healers claim to direct. Conventional science does, however, recognize the piezoelectric effect (“piezo” from the Greek word “to push”) in which certain crystals under pressure have vibrational energy. The most common piezoelectric crystal is quartz and is widely used in watches, radios, and receivers. But this effect can only be generated under very specific conditions in which some crystals (tourmaline is one) is cut precisely at particular orientations to the crystal axes. Most of the types of crystals that healers use cannot generate a piezoelectric effect.

So does this mean that crystals’ supposed benefits may simply be psychological or a placebo effect? Do crystals “work” because we believe they work and want them to work? Is their effect basically psychosomatic? The fact that ancient healers and meditation masters have been using crystals for centuries suggests at least some validity of their use. Traditions that survive that long often have intrinsic value.

Or could it be that crystals’ qualities may actually reside within the physical and psychic realm of those advanced practitioners who use crystals to absorb and amplify their power and intentions?

In healing sessions, patients have reported a sense of release or calmness when crystals are used to cleanse the negative entities or energy around their body. Healers claim from their clinical perspective that crystals do amplify or strengthen the *qi* or *prana* vital energy and absorb or cleanse the negative entities or energy of the patient - both are necessary for healing to occur.

For these reasons, I incorporate the mystical powers of crystals in my classical *feng shui* practice. Further, because crystals are formed from minerals in the earth, their physical form is the most powerful representation of a mountain in my *feng shui* constructs to enrich the *qi* of a setting.

The shapes, colors and types of mineral that form the crystals contribute to their effectiveness. For example, a “generator” (also known as a Merlin crystal) has six evenly spaced sides and six approximately equal faces that center at the tip. Amethyst has the purple color of spirituality and wisdom, and is considered a “sobriety stone” that can be used for balance and stability.

But I believe that crystals don’t have power by themselves, but instead draw their effectiveness from the power of the practitioners who use them as tools to extend their own inherent healing forces.

Whatever you choose to believe of these “flowers of the mineral kingdom”, crystals are undeniably “magical” creations of the universe.